



NEW NOT-FOR-PROFIT TREKKING OUTFIT MOVES MOUNTAINS IN PERU AND NEPAL

//WHAT DO the mountain regions of Peru and Nepal have in common? Awe-inspiring landscapes, breathtaking trekking routes - and a majority who live in poverty.

In recent years, journalist Gabi Mocatta observed this truth repeatedly on her own mountain journeys, and decided to do something. Conversations with mountain villagers showed her a world on the uneasy brink of change. "Mountain people even in the remotest areas now need to participate in a money economy and they want their children to be educated," she says. "They know visitors like to come to their countries to walk, and they want to be able to share in the benefits that can bring." Mocatta set up The Moving Mountains Project as a way of making that happen.

The new trekking outfit leads guided,

community based walking journeys in the Cordillera Huayhuash of Peru and the remote parts of the Annapurna region in Nepal. Walks are led by guides native to the areas, walkers can stay in villagers' homes, eat with their families, and be immersed in real mountain life. All after-expenses profits go towards supporting villagers' own development projects in the areas.

"It's a new brand of trekking that really works in partnership with people of the mountain regions walkers so much like to visit," Mocatta says. The emphasis here is as much on cultural exchange as it is on trekking, she explains. "This is far more than tourism, it's "deep mountain immersion". And it's about giving something back to the mountain regions that inspire us." Visit The Moving Mountains Project website at www.movingmountainsproject.com.



THE moving mountains PROJECT

Take a hike that will move mountains...

The Moving Mountains Project leads off-the-beaten track walking adventures in **Peru & Nepal**. We hike awe-inspiring mountainscapes and make real connections with real people. Forget tourism – this is deep mountain immersion. Profits go to village development projects, making a positive difference in mountain people's lives.

www.movingmountainsproject.com